

CONFERENCE FACULTY

Olivia Chang, MD, FACOG

Associate Professor
Female Pelvic Medicine &
Reconstructive Surgery
Chief
Female Urology, Pelvic Reconstructive
Surgery, and Voiding Dysfunction
Department of Urology
UC Irvine School of Medicine
Irvine, California

Jay Goldberg, MD, MSCP

Conference Co-Chair
Professor
Vice Chairman
Director of Philadelphia Fibroid Center
Department of OB/GYN
Jefferson Einstein
Philadelphia Hospital
Philadelphia, Pennsylvania

Gil Lichtshein, MD, FAACAP

Clinical Affiliate Associate Professor
Child & Adolescent Psychiatry
Department of Clinical Neurosciences
Charles E. Schmidt College of Medicine
Florida Atlantic University
Boca Raton, Florida

Artemis Morris, ND, MS, L.Ac

Founder & Medical Director
Artemis Wellness Center
Milford, Connecticut

Karen Stout, MD, FACC

Conference Co-Chair
Professor
Internal Medicine/Cardiology
Adjunct Professor
Pediatrics/Cardiology
University of Washington
Seattle, Washington

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CONFERENCE SCHEDULE

Wednesday, July 8

- 1:00pm Registration & Check-In
- 2:00 **Welcome & Introduction**
Jay Goldberg, MD, MSCP &
Karen Stout, MD
- 2:15 **Breast Cancer Screening Update**
Jay Goldberg, MD, MSCP
- 3:00 **Common Cardiac Symptoms:
When to Worry & How to Evaluate**
Karen Stout, MD
- 3:45 **Questions & Answers
Group Discussion**
Faculty Panel & Audience
- 4:15 Break
- 4:30 **Common Mental Health Conditions
in Women (Rx = 15 minutes)**
Gil Lichtshein, MD
- 5:15 **Cardiology Case Studies in
Women's Health (Rx = 15 minutes)**
Karen Stout, MD
- 6:00 **Questions & Answers
Group Discussion**
Faculty Panel & Audience
- 6:30 Adjourn for the Day

Thursday, July 9

- 7:30am Continental Breakfast
- 8:00 **Technology & Treatment: Exploring
Apps, Telepsychiatry, and AI for
Women's Mental Health**
Gil Lichtshein, MD
- 8:45 **Top 10 Cardiology Pearls**
Karen Stout, MD
- 9:30 **Questions & Answers
Group Discussion**
Faculty Panel & Audience
- 10:00 Break
- 10:15 **Urinary Incontinence in Women
(Rx = 15 minutes)**
Olivia Chang, MD
- 11:00 **Cardiac Disease in Women:
What's Different, What's the Same?**
(Rx = 15 minutes)
Karen Stout, MD
- 11:45 **Therapeutic Nutrition: How to Eat
to Prevent Chronic Diseases**
Artemis Morris, ND, MS, L.Ac
- 12:30pm **Questions & Answers
Group Discussion**
Faculty Panel & Audience
- 1:15 Adjourn for the Day

Friday, July 10

- 2:00pm **Nutritional Supplements in
Women's Health: Navigating Risks
& Enhancing Clinical Effectiveness**
Artemis Morris, ND, MS, L.Ac
- 2:45 **Evaluation of Abnormal Vaginal Bleeding**
(Rx = 15 minutes)
Jay Goldberg, MD, MSCP
- 3:30 **Questions & Answers
Group Discussion**
Faculty Panel & Audience
- 4:00 Break
- 4:15 **Mastering the Microbiome in Women's Health:
Integrating Nutrition & Probiotics in Clinical Care**
Artemis Morris, ND, MS, L.Ac
- 5:00 **Cervical Cancer Screening:
Pap Smears & HPV**
(Rx = 15 minutes)
Jay Goldberg, MD, MSCP
- 5:45 **Questions & Answers
Group Discussion**
Faculty Panel & Audience
- 6:15 Adjourn for the Day

Saturday, July 11

- 7:30am Continental Breakfast
- 8:00 **Managing Depression in Women (Rx = 15 minutes)**
Gil Lichtshein, MD
- 8:45 **Overactive Versus Underactive Bladder:
Understanding Urinary Symptoms (Rx = 15 minutes)**
Olivia Chang, MD
- 9:30 **Questions & Answers
Group Discussion**
Faculty Panel & Audience
- 10:00 Break (hotel check-out, if applicable)
- 10:15 **Psychiatric Pharmacogenomics in
Everyday Practice (Rx = 15 minutes)**
Gil Lichtshein, MD
- 11:00 **Case Studies on Women's Health Risk Management**
Jay Goldberg, MD, MSCP
- 11:45 **Pelvic Organ Prolapse: What You Need to Know**
Olivia Chang, MD
- 12:30pm **Questions & Answers
Group Discussion**
Faculty Panel & Audience
- 1:15 *Conference Adjourns*

*Rx = Pharmacotherapeutic CEUs for nurses
will be granted for these sessions*



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