

## CONFERENCE FACULTY

### G. Wright Bates Jr., MD

#### Conference Co-Chair

Professor & Grimes Family Endowed  
Chair of Obstetrics & Gynecology  
Baylor College of Medicine  
Baylor Scott & White Health  
Temple, Texas

### Kay (Karen) Lind, MD, MACM

Faculty Physician,  
Department of Emergency Medicine  
Division of Addiction Medicine  
Addiction Medicine Fellowship Director,  
Highland Hospital-Alameda Health System  
Oakland, California

### Anita L. Nelson, MD

#### Conference Co-Chair

Professor of Obstetrics & Gynecology  
Western University of Health Sciences  
Professor Emeritus, Obstetrics & Gynecology  
David Geffen School of Medicine at UCLA  
Adjunct Professor Obstetrics & Gynecology  
Keck School of Medicine at USC  
Los Angeles, California

### Tami Rowen, MD, MS

Associate Professor  
Department of Obstetrics, Gynecology,  
and Reproductive Sciences  
UCSF Obstetrics, Gynecology, and  
Reproductive Sciences  
Director, UCSF Center for Sexual Health  
University of California, San Francisco  
School of Medicine  
San Francisco, California

### Anna Balabanova Shannahan, MD, ABOIM, FAWM

Drs. Pat & Carl Greer Distinguished Physician  
in Integrative Medicine  
Assistant Professor  
Department of Family Medicine  
Associate Director of Education  
Osher Center for Integrative Health  
at Northwestern  
Feinberg School of Medicine  
Northwestern University  
Chicago, Illinois

#### DISCLOSURE STATEMENT

In accordance with ACCME and ANCC guidelines, Symposia Medicus maintains a policy to ensure balance, independence, objectivity, and scientific rigor in all educational activities. Prior to the planning of this educational activity, all individuals in control of content disclosed all financial relationships with ineligible companies within the past 24 months. Symposia Medicus will mitigate any and all relevant financial relationships before the conference begins. Beyond disclosure and mitigation of relevant financial relationships, faculty are required to disclose when they plan to discuss pharmaceuticals and/or medical devices that are not approved by the FDA and/or medical or surgical procedures that involve an unapproved or "off-label" use of an approved device or pharmaceutical. Symposia Medicus is committed to providing learners with commercially unbiased continuing education activities. This information is intended to assist learners in forming their own judgments about the content presented. Disclosure information will be included in the educational session materials for this activity and speakers will provide a disclosure slide for each presentation, which they will also disclose verbally on site.

## CONFERENCE SCHEDULE

### Wednesday, April 15

- 1:00pm Registration & Check-In
- 1:45 **Welcome & Introduction**  
G. Wright Bates Jr., MD &  
Anita L. Nelson, MD
- 2:00 **Management of Abnormal  
Uterine Bleeding** (Rx = 15 minutes)  
G. Wright Bates Jr., MD
- 2:45 **Hormonal Management of  
Menopausal Symptoms**  
Anita L. Nelson, MD
- 3:30 **Questions & Answers  
Group Discussion**  
Faculty Panel & Audience
- 4:00 Break
- 4:15 **Tackling Substance Use Disorder:  
The 15-Minute Office/ED Visit**  
(Rx = 15 minutes)  
Kay Lind, MD
- 5:00 **Intro to Integrative Medicine  
in Women's Health**  
Anna Balabanova Shannahan, MD
- 5:45 **Questions & Answers  
Group Discussion**  
Faculty Panel & Audience
- 6:15 Adjourn for the Day
- 6:30-7:30 Group Reception  
(Faculty, Participants, and Guests)

### Thursday, April 16

- 7:00am Continental Breakfast
- 7:30 **Breast Cancer Screening & Prevention**  
Anita L. Nelson, MD
- 8:15 **Nutrition for Women Over 50**  
Anna Balabanova Shannahan, MD
- 9:00 **Questions & Answers  
Group Discussion**  
Faculty Panel & Audience
- 9:30 Break
- 9:45 **Top 10 Myths in Pain Management  
& Addiction** (Rx = 15 minutes)  
Kay Lind, MD
- 10:30 **Gynecologic Cancer Screening  
& Prevention**  
Anita L. Nelson, MD
- 11:15 **Novel Tranexamic Acid Uses**  
(Rx = 15 minutes)  
Kay Lind, MD
- Noon **Questions & Answers  
Group Discussion**  
Faculty Panel & Audience Faculty
- 12:45pm Adjourn for the Day

### Friday, April 17

- 2:00 **Vulvar Dermatoses: Diagnosis &  
Clinical Management** (Rx = 15 minutes)  
Tami Rowen, MD, MS
- 2:45 **Exercise as Medicine**  
Anna Balabanova Shannahan, MD
- 3:30 **Questions & Answers  
Group Discussion**  
Faculty Panel & Audience
- 4:00 Break
- 4:15 **Sexual Pain Disorders:  
Diagnosis & Treatment** (Rx = 15 minutes)  
Tami Rowen, MD, MS
- 5:00 **PCOS Update** (Rx = 15 minutes)  
G. Wright Bates Jr., MD
- 5:45 **Questions & Answers  
Group Discussion**  
Faculty Panel & Audience
- 6:15 Adjourn for the Day

### Saturday, April 18

- 7:00am Continental Breakfast
- 7:30 **Comprehensive Infertility Care**  
(Rx = 15 minutes)  
G. Wright Bates Jr., MD
- 8:15 **Caring for the Non-English Speaker**  
Kay Lind, MD
- 9:00 **Questions & Answers  
Group Discussion**  
Faculty Panel & Audience
- 9:30 Break
- 9:45 **Adolescent Contraception** (Rx = 30 minutes)  
Tami Rowen, MD, MS
- 10:30 **Non-Hormonal Management of  
Menopausal Symptoms**  
Anita L. Nelson, MD
- 11:15 **Female Sexual Dysfunctions Including  
Arousal, Orgasm, and Desire Disorders:  
Screening, Diagnosis, and Treatment**  
(Rx = 15 minutes)  
Tami Rowen, MD, MS
- Noon **Questions & Answers  
Group Discussion**  
Faculty Panel & Audience
- 12:45pm *Conference Adjourns*

Rx = Pharmacotherapeutic CEUs for nurses  
will be granted for these sessions



Scan for More Information