

## CONFERENCE FACULTY

### Shahzad Ahmad, MD, FACE

Interventional Endocrinologist  
Founding Member  
North American Society of  
Interventional Endocrinology  
Center for Thyroid  
Radiofrequency Ablation  
Intermountain Health  
Utah Valley Hospital  
Salt Lake City, Utah

### Lisa Barroilhet, MD, MS

Associate Professor  
Gynecologic Oncology  
University of Wisconsin  
School of Medicine & Public Health  
Madison, Wisconsin

### Heidi Combs, MD, MS

#### Conference Co-Chair

Professor  
Vice Chair of Education  
University of Washington  
Department of Psychiatry & Behavioral Sciences  
Seattle, Washington

### Seema M. Patel, MD, MPH

Founder & Medical Director  
Healing Family Functional Medicine  
Pepper Pike, Ohio

### Tami S. Rowen, MD, MS

#### Conference Co-Chair

Associate Professor  
Department of Obstetrics, Gynecology,  
and Reproductive Sciences  
UCSF Obstetrics, Gynecology,  
and Reproductive Sciences  
Director, UCSF Center for Sexual Health  
University of California, San Francisco  
School of Medicine  
San Francisco, California

#### DISCLOSURE STATEMENT

In accordance with ACCME and ANCC guidelines, Symposia Medicus maintains a policy to ensure balance, independence, objectivity, and scientific rigor in all educational activities. Prior to the planning of this educational activity, all individuals in control of content disclosed all financial relationships with ineligible companies within the past 24 months. Symposia Medicus will mitigate any and all relevant financial relationships before the conference begins. Beyond disclosure and mitigation of relevant financial relationships, faculty are required to disclose when they plan to discuss pharmaceuticals and/or medical devices that are not approved by the FDA and/or medical or surgical procedures that involve an unapproved or "off-label" use of an approved device or pharmaceutical. Symposia Medicus is committed to providing learners with commercially unbiased continuing education activities. This information is intended to assist learners in forming their own judgments about the content presented. Disclosure information will be included in the educational session materials for this activity and speakers will provide a disclosure slide for each presentation, which they will also disclose verbally on site.

## CONFERENCE SCHEDULE

### Wednesday, November 5

- 7:00am Registration & Check-In
- 8:00 **Welcome & Introduction**  
Heidi Combs, MD, MS & Tami S. Rowen, MD, MS
- 8:15 **Obesity & Cancer Risk** (Rx = 5 minutes)  
Lisa Barroilhet, MD, MS
- 9:00 **Identification & Management of Anxiety Disorders** (Rx = 15 minutes)  
Heidi Combs, MD, MS
- 9:45 **Questions & Answers Group Discussion**  
Faculty Panel & Audience
- 10:15 Break
- 10:30 **Gynecologic Cancers in Post-Menopausal Women**  
Lisa Barroilhet, MD, MS
- 11:15 **Healthy Aging: An Integrative Approach**  
Seema M. Patel, MD, MPH
- Noon **Management of Hypothyroidism**  
(Rx = 15 minutes)  
Shahzad Ahmad, MD
- 12:45pm **Questions & Answers Group Discussion**  
Faculty Panel & Audience
- 1:30 Adjourn for the Day
- 5:30-6:30 Group Reception  
(Faculty, Participants, and Guests)

### Thursday, November 6

- 8:00am **Do You Have Anything Stronger? Chronic Pain Management**  
(Rx = 45 minutes)  
Heidi Combs, MD, MS
- 8:45 **Menopause: Current Evidence & Management** (Rx = 15 minutes)  
Tami S. Rowen, MD, MS
- 9:30 **Questions & Answers Group Discussion**  
Faculty Panel & Audience
- 10:00 Break
- 10:15 **Management of Osteoporosis**  
(Rx = 15 minutes)  
Shahzad Ahmad, MD
- 11:00 **Hereditary Cancer Risk & Screening: Breast Cancer & More** (Rx = 10 minutes)  
Lisa Barroilhet, MD, MS
- 11:45 **Mom Can't Find Her Keys: Cognitive Disorders**  
Heidi Combs, MD, MS
- 12:30pm **Questions & Answers Group Discussion**  
Faculty Panel & Audience
- 1:15 Adjourn for the Day

### Friday, November 7

- 3:00pm **Smaller Group Breakouts – Session One**
  - **Immunosenescence: New Challenges to Aging**  
Seema M. Patel, MD, MPH
  - **MHT & Cancer Risk: Balancing Symptoms & Sanity**  
Lisa Barroilhet, MD, MS
  - **When Patients Sing the Blues: Mood Disorders**  
Heidi Combs, MD, MS
  - **Sexual Pain Disorders: Diagnosis & Treatment**  
Tami S. Rowen, MD, MS
- 4:30 Break
- 4:45 **Smaller Group Breakouts – Session Two**  
(Session One Topics Repeated)
- 6:15 Adjourn for the Day

### Saturday, November 8

- 8:00am **Integrative Approaches to Fibromyalgia**  
Seema M. Patel, MD, MPH
- 8:45 **Low Sexual Desire: How to Help the Most Common Sexual Complaint**  
(Rx = 15 minutes)  
Tami S. Rowen, MD, MS
- 9:30 **Questions & Answers Group Discussion**  
Faculty Panel & Audience
- 10:00 Break (hotel check-out, if applicable)
- 10:15 **Management of Thyroid Nodules**  
(Rx = 15 minutes)  
Shahzad Ahmad, MD
- 11:00 **Common Sleep Complaints**  
Seema M. Patel, MD, MPH
- 11:45 **Vulvar Dermatoses: Diagnosis & Management**  
(Rx = 15 minutes)  
Tami S. Rowen, MD, MS
- 12:30pm **Questions & Answers Group Discussion**  
Faculty Panel & Audience
- 1:15 *Conference Adjourns*

Rx = Pharmacotherapeutic CEUs for nurses will be granted for these sessions



Scan for More Information

