

## CONFERENCE FACULTY

### C. David Geier, Jr., MD

#### Conference Co-Chair

Orthopedic Surgeon

Sports Medicine Specialist

Anti-Aging & Regenerative

Medicine Expert

Better Life Carolinas

Mount Pleasant, South Carolina

### Jan Shepherd, MD

#### Conference Co-Chair

Associate Clinical Professor

Department of Obstetrics & Gynecology

University of Colorado

School of Medicine

Medical Director

Women's Wellness Connection

Colorado Department of

Public Health & Environment

Denver, Colorado

### Stacy Tompkins, MD

Associate Voluntary Professor

Department of Dermatology

University of California

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## CRUISE ITINERARY & CONFERENCE SCHEDULE

### THURSDAY, NOVEMBER 6

PORT Paris, France EMBARK at 4:00pm

6:00pm Conference Check-In  
Welcome Reception &  
Faculty Introductions

PORT Paris, France ARRIVE — DEPART 8:00pm

### FRIDAY, NOVEMBER 7

7:00am An Overview of Vulvar Dermatologic  
Disorders (Rx = 20 minutes)  
Stacy Tompkins, MD

8:00 Current CDC Guidelines for  
Managing STIs (Rx = 60 minutes)  
Jan Shepherd, MD

9:00 Questions & Answers  
Group Discussion  
Faculty Panel & Audience

9:30 Morning Session Adjourns

PORT Les Andelys, France ARRIVE 10:00am DEPART 2:00pm

2:00pm Comprehensive Solutions for  
Arthritis: An Integrative  
Approach for Women  
C. David Geier, Jr., MD

3:00 Skin Cancers: When to Treat  
& When to Refer (Rx = 15 minutes)  
Stacy Tompkins, MD

4:00 Gynecologic Cancers: Prevention &  
Early Detection (Rx = 20 minutes)  
Jan Shepherd, MD

5:00 Questions & Answers  
Group Discussion  
Faculty Panel & Audience

6:00 Adjourn for the Day

PORT Rouen, France ARRIVE 8:00pm DEPART 10:00pm

### SATURDAY, NOVEMBER 8

PORT Le Havre, France ARRIVE 8:00am DEPART —

### SUNDAY, NOVEMBER 9

PORT Le Havre, France ARRIVE — DEPART 9:00am  
Caudebec-en-Caux, France 3:30pm 11:59pm

Rx = Pharmacotherapeutic CEUs for Nurses  
will be granted for these sessions

### MONDAY, NOVEMBER 10

PORT Rouen, France ARRIVE 4:00am DEPART 12:00pm

7:00am Social Media Tips for  
Medical Providers  
C. David Geier, Jr., MD

8:00 Female Sexual Dysfunction  
Dilemmas (Rx = 35 minutes)  
Jan Shepherd, MD

9:00 Questions & Answers  
Group Discussion  
Faculty Panel & Audience

9:30pm Adjourn Morning Session

1:30pm Scaling Physical Activity  
Strategies in Alignment With  
Lifestyle Medicine Approaches  
C. David Geier, Jr., MD

2:30 Hormone Therapy for Menopause:  
Current Data (Rx = 60 minutes)  
Jan Shepherd, MD

3:30 Cosmetic Rejuvenation: An Update  
on Minimally Invasive Techniques  
Stacy Tompkins, MD

4:30 Questions & Answers  
Group Discussion  
Faculty Panel & Audience

5:30 Conference Adjourns

PORT Les Andelys, France ARRIVE 5:30pm DEPART 6:00pm  
Vernon, France 8:30pm —

### TUESDAY, NOVEMBER 11

PORT Vernon, France ARRIVE — DEPART 9:00pm

### WEDNESDAY, NOVEMBER 12

PORT Paris, France ARRIVE 8:00am DEPART —

### THURSDAY, NOVEMBER 13

PORT Paris, France DISEMBARK at 9:00am



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