

## CONFERENCE FACULTY

### Jay Goldberg, MD, MSCP

Professor  
Vice Chairman  
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### Mindy Goldman, MD

**Conference Co-Chair**  
Clinical Professor Emeritus  
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### A. Dhanya Mackeen, MD, MPH

Professor of Obstetrics & Gynecology  
Geisinger Commonwealth  
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Assistant Chair of Research & Academic Affairs  
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### Nicole B. Washington, DO, MPH

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### Melissa S. Wong, MD, MDHS

**Conference Co-Chair**  
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## CONFERENCE SCHEDULE

### Wednesday, February 5

- 7:00am Registration & Check-In
- 8:00 **Welcome & Introduction**  
Mindy Goldman, MD &  
Melissa S. Wong, MD, MDHS
- 8:15 **Act FAST: An Evidence-Based Approach to Trauma in Pregnancy**  
(Rx = 15 minutes)  
Melissa S. Wong, MD, MDHS
- 9:00 **Screening & Prevention of Breast Cancer**  
Mindy Goldman, MD
- 9:45 **Questions & Answers Group Discussion**  
Faculty Panel & Audience
- 10:15 Break
- 10:30 **Peripartum Mental Health: Postpartum Depression, Baby Blues, and Postpartum Psychosis** (Rx = 15 minutes)  
Nicole B. Washington, DO, MPH
- 11:15 **Gestational Diabetes Mellitus**  
(Rx = 15 minutes)  
A. Dhanya Mackeen, MD, MPH
- Noon **Uterine Fibroid Update** (Rx = 15 minutes)  
Jay Goldberg, MD, MSCP
- 12:45pm **Questions & Answers Group Discussion**  
Faculty Panel & Audience
- 1:30 Adjourn for the Day
- 5:30-7:00 Group Reception  
(Faculty, Participants, and Guests)

### Thursday, February 6

- 8:00am **HPV & Pap Smear: Current Guidelines**  
(Rx = 20 minutes)  
Jay Goldberg, MD, MSCP
- 8:45 **Nonpharmacological Management of Insomnia in the Pregnant Patient**  
Nicole B. Washington, DO, MPH
- 9:30 **Questions & Answers Group Discussion**  
Faculty Panel & Audience
- 10:00 Break
- 10:15 **Evidence-Based Cesarean Delivery: Pre-Op & Post-Op** (Rx = 15 minutes)  
A. Dhanya Mackeen, MD, MPH
- 11:00 **Burnout & Mental Health for OB/GYN Providers**  
Nicole B. Washington, DO, MPH
- 11:45 **Evidence-Based Cesarean Delivery: From Skin to Skin** (Rx = 5 minutes)  
A. Dhanya Mackeen, MD, MPH
- 12:30pm **Questions & Answers Group Discussion**  
Faculty Panel & Audience
- 1:15 Adjourn for the Day

### Friday, February 7

- 3:00pm **Smaller Group Breakouts – Session One**
  - **Artificial Intelligence in Obstetrics: Our Brave New World**  
Melissa S. Wong, MD, MDHS
  - **Mood Disorders During Pregnancy Including Bipolar Disorder & Depression**  
Nicole B. Washington, DO, MPH
  - **OB/GYN Risk Management: Case Studies**  
Jay Goldberg, MD, MSCP
  - **Work-Up of Breast Complaints & Masses**  
Mindy Goldman, MD
- 4:30 Break
- 4:45 **Smaller Group Breakouts – Session Two**  
(Session One Topics Repeated)
- 6:15 Adjourn for the Day

### Saturday, February 8

- 8:00am **Operative Vaginal Delivery: Quo Vadis**  
Melissa S. Wong, MD, MDHS
- 8:45 **Tranexamic Acid, Tamponade, and Thromboprophylaxis: New Considerations for Postpartum Hemorrhage in 2025**  
Melissa S. Wong, MD, MDHS
- 9:30 **Questions & Answers Group Discussion**  
Faculty Panel & Audience
- 10:00 Break (hotel check-out, if applicable)
- 10:15 **Protecting the Pelvic Floor**  
(Rx = 20 minutes)  
Jay Goldberg, MD, MSCP
- 11:00 **What Women's Health Providers Need to Know About Breast Cancer**  
Mindy Goldman, MD
- 11:45 **Hereditary Cancers: The Basics for Clinicians** (Rx = 15 minutes)  
Mindy Goldman, MD
- 12:30pm **Questions & Answers Group Discussion**  
Faculty Panel & Audience
- 1:15 *Conference Adjourns*

Rx = Pharmacotherapeutic CEUs for nurses will be granted for these sessions



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