

## CONFERENCE FACULTY

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Hoag Hospital  
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### Jesse D. Markman, MD, MBA

#### Conference Co-Chair

Associate Professor  
Department of Psychiatry & Behavioral Sciences  
University of Washington  
Seattle, Washington

### Jan Shepherd, MD, FACOG

#### Conference Co-Chair

Associate Clinical Professor  
Department of Obstetrics & Gynecology  
University of Colorado  
School of Medicine  
Medical Director  
Women's Wellness Connection  
Colorado Department of  
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### Karen Stout, MD, FACC

Professor, Internal Medicine/Cardiology  
Adjunct Professor, Pediatrics/Cardiology  
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Seattle, Washington

### Candy Tsourounis, PharmD, FCSHP

Professor of Clinical Pharmacy  
Medication Outcomes Center  
UCSF School of Pharmacy  
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## CONFERENCE SCHEDULE

### Wednesday, March 19

- 7:00am Registration & Check-In
- 8:00 **Welcome & Introduction**  
Jesse D. Markman, MD, MBA &  
Jan Shepherd, MD
- 8:15 **Contraception Update** (Rx = 45 minutes)  
Jan Shepherd, MD
- 9:00 **Common Dermatologic Issues in Women**  
(Rx = 15 minutes)  
Zena Gabriel, MD
- 9:45 **Questions & Answers  
Group Discussion**  
Faculty Panel & Audience
- 10:15 Break
- 10:30 **Treatment of Mood & Anxiety Disorders  
in Women** (Rx = 30 minutes)  
Jesse D. Markman, MD, MBA
- 11:15 **Common Cardiac Symptoms:  
When to Worry & How to Evaluate**  
(Rx = 5 minutes)  
Karen Stout, MD
- Noon **Popular Supplements:  
What's Hot & What's Not**  
Candy Tsourounis, PharmD
- 12:45pm **Questions & Answers  
Group Discussion**  
Faculty Panel & Audience
- 1:30 Adjourn for the Day
- 5:30-  
7:00 Group Reception  
(Faculty, Participants, and Guests)

### Thursday, March 20

- 8:00am **Menopause: Dilemmas & Options**  
(Rx = 45 minutes)  
Jan Shepherd, MD
- 8:45 **Substance Abuse Disorders: Everyone  
Else Is Worried About My Substance Use**  
(Rx = 45 minutes)  
Jesse D. Markman, MD, MBA
- 9:30 **Questions & Answers  
Group Discussion**  
Faculty Panel & Audience
- 10:00 Break
- 10:15 **Female Sexual Dysfunction Dilemmas**  
(Rx = 25 minutes)  
Jan Shepherd, MD
- 11:00 **Chronic Pain Management: Do You Have  
Anything Stronger?** (Rx = 15 minutes)  
Jesse D. Markman, MD, MBA
- 11:45 **Herb & Drug Interactions: Separating  
Fact From Fiction** (Rx = 20 minutes)  
Candy Tsourounis, PharmD
- 12:30pm **Questions & Answers  
Group Discussion**  
Faculty Panel & Audience
- 1:15 Adjourn for the Day

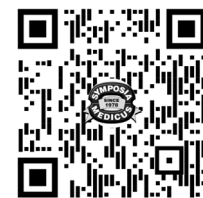
### Friday, March 21

- 3:00pm **Small Group Breakouts – Session One**
- **Acne Vulgaris & Mimickers**  
Zena Gabriel, MD
  - **Cardiology Case Studies Including  
Pregnancy, Contraception, and  
Congenital Heart Disease**  
Karen Stout, MD
  - **Management of Personality  
Disorders in Women**  
Jesse D. Markman, MD, MBA
  - **Weight Loss, Dietary Supplements,  
and the Pursuit of Happiness**  
Candy Tsourounis, PharmD
- 4:30 Break
- 4:45 **Small Group Breakouts – Session Two**  
(Session One Topics Repeated)
- 6:15 Adjourn for the Day

### Saturday, March 22

- 8:00am **Hot Topics in Dermatology** (Rx = 15 minutes)  
Zena Gabriel, MD
- 8:45 **Vaginitis: Tackling the Tough Cases**  
(Rx = 45 minutes)  
Jan Shepherd, MD
- 9:30 **Questions & Answers  
Group Discussion**  
Faculty Panel & Audience
- 10:00 Break (hotel check-out, if applicable)
- 10:15 **Evaluation & Management of Heart  
Failure for the Women's Health Provider**  
(Rx = 25 minutes)  
Karen Stout, MD
- 11:00 **What's New in Cosmetic Dermatology?**  
Zena Gabriel, MD
- 11:45 **Women Are From Venus: What We Can  
Do Differently to Improve Women's  
Heart Health** (Rx = 15 minutes)  
Karen Stout, MD
- 12:30pm **Questions & Answers  
Group Discussion**  
Faculty Panel & Audience
- 1:15 *Conference Adjourns*

Rx = Pharmacotherapeutic CEUs for nurses  
will be granted for these sessions



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